

# **Anti-Bullying Policy**

- In accordance with the requirements of the Education (Welfare) Act 2000 and the code of behaviour guidelines issued by the NEWB, the Board of Management of Scoil Mhuire
   Murroe has adopted the following anti-bullying policy within the framework of the school's overall code of behaviour. This policy fully complies with the requirements of the Anti-Bullying Procedures for Primary and Post-Primary Schools which were published in September 2013.
- 2. The Board of Management recognises the very serious nature of bullying and the negative impact that it can have on the lives of pupils and is therefore fully committed to the following **key principles of best practice** in preventing and tackling bullying behaviour:
- (a) A positive school culture and climate which
  - is welcoming of difference and diversity and is based on inclusivity;
  - encourages pupils to disclose and discuss incidents of bullying behaviour in a nonthreatening environment; and
  - promotes respectful relationships across the school community;
- (b) Effective leadership
- (c) A school-wide approach
- (d) A shared understanding of what bullying is and its impact
- (e) Implementation of education and prevention strategies (including awareness raising measures) that-
  - build empathy, respect and resilience in pupils; and
  - explicitly address the issues of cyber-bullying and identity-based bullying including in particular, homophobic and transphobic bullying;
  - effective supervision and monitoring of pupils;
- (f) Effective supervision and monitoring of pupils
- (g) Supports for staff
- (h) Consistent recording, investigation and follow up of bullying behaviour (including use of established intervention strategies); and
- (i) On-going evaluation of the effectiveness of the anti-bullying policy.
- 3. In accordance with the *Anti-Bullying Procedures for Primary and Post-Primary Schools* bullying is defined as follows:

Bullying is unwanted negative behaviour, verbal, psychological or physical, conducted by an individual or group against another person (or persons) and which is repeated over time.

The following types of bullying behaviour are included in the definition of bullying:

- deliberate exclusion, malicious gossip and other forms of relational bullying,
- cyber-bullying and
- identity-based bullying such as homophobic bullying, racist bullying, bullying based on a person's membership of the Traveller community and bullying of those with disabilities or special educational needs.

Isolated or once-off incidents of intentional negative behaviour, including a once-off offensive or hurtful text message or other private messaging, do not fall within the definition of bullying and should be dealt with, as appropriate, in accordance with the school's code of behaviour.

However, in the context of this policy, placing a once-off offensive or hurtful public message, image or statement on a social network site or other public forum where that message, image or statement can be viewed and/or repeated by other people will be regarded as bullying behaviour.

Negative behaviour that does not meet this definition of bullying will be dealt with in accordance with the school's code of behaviour.

Additional information on different types of bullying is set out in Section 2 of the *Anti-Bullying Procedures for Primary and Post-Primary Schools*.

The list of examples below is non exhaustive.

# **Examples of bullying behaviours**

General behaviours which apply to all types of bullying	<ul> <li>Harassment based on any of the nine grounds in the equality legislation e.g. sexual harassment, homophobic bullying, racist bullying etc.</li> <li>Physical aggression</li> <li>Damage to property</li> <li>Name calling</li> <li>Slagging</li> <li>The production, display or circulation of written words, pictures or other materials aimed at intimidating another person</li> <li>Offensive graffiti</li> <li>Extortion</li> <li>Intimidation</li> <li>Insulting or offensive gestures</li> </ul>
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This involves manipulating relationships as a means of bullying.		This involves manipulating relationships as a means of bullying
Behaviours include:		
Malicious gossip		
Relational • Isolation & exclusion	Relational	
• Ignoring		

Sexual	<ul> <li>Excluding from the group</li> <li>Taking someone's friends away</li> <li>Spreading rumours</li> <li>Breaking confidence</li> <li>Talking loud enough so that the victim can hear</li> <li>The "look"</li> <li>Use or terminology such as 'nerd' in a derogatory way</li> <li>Unwelcome or inappropriate sexual comments or touching</li> <li>Harassment</li> </ul>
Special Educational Needs, Disability	<ul> <li>Name calling</li> <li>Taunting others because of their disability or learning needs</li> <li>Taking advantage of some pupils' vulnerabilities and limited capacity to recognise and defend themselves against bullying</li> <li>Taking advantage of some pupils' vulnerabilities and limited capacity to understand social situations and social cues.</li> <li>Mimicking a person's disability</li> <li>Setting others up for ridicule</li> </ul>

- 4. The relevant teacher for investigating and dealing with bullying are as follows: all teachers
- 5. The education and prevention strategies (including strategies specifically aimed at cyberbullying, homophobic and transphobic bullying) that will be used by the school are as follows

# **Education and Prevention strategies**

#### **School-wide approach**

- A school-wide approach to the fostering of respect for all members of the school community.
- The promotion of the value of diversity to address issues of prejudice and stereotyping, and highlight the unacceptability of bullying behaviour.
- The fostering and enhancing of the self-esteem of all our pupils through both curricular and extracurricular activities. Pupils will be provided with opportunities to develop a positive sense of self-worth through formal and informal interactions.
- Whole staff professional development on bullying to ensure that all staff develops an awareness of what bullying is, how it impacts on pupils' lives and the need to respond to it-prevention and intervention.
- An annual audit of professional development needs with a view to assessing staff requirements through internal staff knowledge/expertise and external sources.
- Professional development for teachers.
- School wide awareness raising and training on all aspects of bullying, to include pupils, parent(s)/guardian(s) and the wider school community.
- Supervision and monitoring of classrooms, corridors, school grounds, school tours and extra- curricular activities. Non-teaching and ancillary staff will be encouraged to be vigilant and report issues to relevant teachers. Supervision will also apply to

- monitoring student use of communication technology within the school.
- Involvement of the student council in contributing to a safe school environment as this can help to support pupils and encourage a culture of peer respect and support.
- Development and promotion of an Anti-Bullying code for the school which will be displayed publicly in classrooms and in common areas of the school.
- The school's anti-bullying policy is discussed with pupils and all parent(s)/guardian(s) are given a copy as part of the Code of Behaviour on enrolment.
- The implementation of regular whole school awareness measures e.g. regular school assemblies by the principal.
- Encourage a culture of telling, with particular emphasis on the importance of bystanders. In that way pupils will gain confidence in 'telling'. This confidence factor is of vital importance. It should be made clear to all pupils that when they report incidents of bullying they are not considered to be telling tales but are behaving responsibly.
- Ensuring that pupils know who to tell and how to tell, e.g.:
  - o Direct approach to teacher at an appropriate time, for example after class.
  - Get a parent(s)/guardian(s) or friend to tell on your behalf.
  - Ensure bystanders understand the importance of telling if they witness or know that bullying is taking place.
- Identify clear protocols to encourage parent(s)/guardian(s) to approach the school if they suspect that their child is being bullied.
- The reviewing of an Acceptable Use Policy in the school to include the necessary steps to ensure that the access to technology within the school is strictly monitored, as is the pupils' use of mobile phones.
- Anti-Bullying Policy will be on the agenda of the weekly Croke Park meeting as
  necessary. This will facilitate close monitoring by the whole staff of the pupils'
  behaviour. No child's name will be recorded in the minutes of the Croke Park
  meeting but any child whose behaviour is a cause for concern will be monitored by
  the class teacher.

#### **Implementation of curriculum**

- The implementation of the *SPHE* curriculum and the *RSE* and *Stay Safe* Programmes.
- Continuous Professional Development for staff in delivering these programmes.
- School wide delivery of lessons on bullying from evidence based programmes, e.g.,
   Stay Safe Programme, the Walk Tall Programme.
- School wide delivery of lessons on **Cyber Bullying** (*Bullying in a Cyber World*, Web wise Primary teachers' resources).
- Delivery of the Garda SPHE Programmes at primary level. These lessons, delivered by Community Gardaí, cover issues around personal safety and cyber-bullying
- The school will specifically consider the additional needs of SEN pupils with regard to programme implementation and the development of skills and strategies to enable all pupils to respond appropriately.
- The school will implement the advice in "Sexual Orientation advice for schools" (RSE Primary, see booklet).

# Links to other policies

• The following policies are particularly relevant to bullying: Code of Behaviour, Child

Protection policy, Pupil Supervision policy, Acceptable Use policy, Relationships and Sexuality Education policy, Substance Use policy and Health and Safety.

6. The school's procedures for investigation, follow-up and recording of bullying behaviour and the established intervention strategies used by the school for dealing with cases of bullying behaviour are as follows:

# Procedures for Investigating and Dealing with Bullying

The primary aim in investigating and dealing with bullying is to resolve any issues and to restore, as far as is practicable, the relationships of the parties involved (rather than to apportion blame);

#### The school's procedures must be consistent with the following approach.

Every effort will be made to ensure that all involved (including pupils, parent(s)/guardian(s)) understand this approach from the outset.

# Reporting bullying behaviour

- Any pupil or parent(s)/guardian(s) may bring a bullying incident to any teacher in the school.
- All reports, including anonymous reports of bullying, will be investigated and dealt with by the relevant teacher.
- Teaching and non-teaching staff such as secretary, special needs assistant (SNA) and caretaker must report any incidents of bullying behaviour witnessed by them, or mentioned to them, to the relevant teacher.

#### **Investigating and dealing with incidents:**

- In investigating and dealing with bullying, the (relevant) teacher will exercise his/her professional judgement to determine whether bullying has occurred and how best the situation might be resolved;
- Parent(s)/guardian(s) and pupils are required to co-operate with any investigation and assist the school in resolving any issues and restoring, as far as is practicable, the relationships of the parties involved as quickly as possible;
- Teachers should take a calm, unemotional problem-solving approach.
- Where possible incidents should be investigated outside the classroom situation to ensure the privacy of all involved;
- All interviews should be conducted with sensitivity and with due regard to the rights of all pupils concerned. Pupils who are not directly involved can also provide very useful information in this way;
- When analysing incidents of bullying behaviour, the relevant teacher should seek
  answers to questions of what, where, when, who and why. This should be done in a
  calm manner, setting an example in dealing effectively with a conflict in a nonaggressive manner;
- If a group is involved, each member should be interviewed individually at first. Thereafter, all those involved should be met as a group. At the group meeting, each member should be asked for his/her account of what happened to ensure that everyone in the group is clear about each other's statements;
- Each member of a group should be supported through the possible pressures that may face them from the other members of the group after the interview by the teacher;
- In cases where it has been determined by the relevant teacher that bullying behaviour has occurred, the parent(s)/guardian(s) of the parties involved should be contacted at an early stage to inform them of the matter and explain the actions being taken (by

- reference to the school policy). The school should give parent(s)/guardian(s) an opportunity of discussing ways in which they can reinforce or support the actions being taken by the school and the supports provided to the pupils;
- Where the relevant teacher has determined that a pupil has been engaged in bullying behaviour, it should be made clear to him/her how he/she is in breach of the school's anti-bullying policy and efforts should be made to try to get him/her to see the situation from the perspective of the pupil being bullied;
- It must also be made clear to all involved (each set of pupils and parent(s)/guardian(s)) that in any situation where disciplinary sanctions are required, this is a private matter between the pupil being disciplined, his or her parent(s)/guardian(s) and the school;

### Follow up and recording

- In determining whether a bullying case has been adequately and appropriately addressed the relevant teacher must, as part of his/her professional judgement, take the following factors into account:
  - Whether the bullying behaviour has ceased;
  - Whether any issues between the parties have been resolved as far as is practicable;
  - -Whether the relationships between the parties have been restored as far as is practicable;
  - -Any feedback received from the parties involved, their parent(s)/guardian(s)s or the school Principal or Deputy Principal
- Follow-up meetings with the relevant parties involved should be arranged separately with a view to possibly bringing them together at a later date if the pupil who has been bullied is ready and agreeable.
- Where a parent(s)/guardian(s) is not satisfied that the school has dealt with a bullying case in accordance with these procedures, the parent(s)/guardian(s) must be referred, as appropriate, to the school's complaints procedures.
- In the event that a parent(s)/guardian(s) has exhausted the school's complaints procedures and is still not satisfied, the school must advise the parent(s)/guardian(s) of their right to make a complaint to the Ombudsman for Children.

#### **Recording of bullying behaviour**

It is imperative that all recording of bullying incidents must be done in an objective and factual manner.

The school's procedures for noting and reporting bullying behaviour are as follows:

#### **Informal- pre-determination that bullying has occurred**

- All staff must keep a record of any incident of bullying behaviour witnessed by them or notified to them. This will be recorded in the child's file on **Aladdin**. Teachers will be familiar with the *Examples of Bullying Behaviour* as detailed on page 2-3 of this policy. The teacher on yard duty will report to the class teacher any incident of bullying behaviour observed by them on the yard. This report will be recorded on **Aladdin**. The same will apply to any incident of bullying behaviour observed by the Special Education teachers. All incidents must be reported to the relevant teacher.
- While all reports, including anonymous reports of bullying must be investigated and dealt with by the relevant teacher, the relevant teacher must keep a record of the

- reports, the actions taken and any discussions with those involved regarding same.
- The relevant teacher must inform the principal of all incidents of bullying behaviour being investigated.

## Formal Stage 1-determination that bullying has occurred

- If it is established by the relevant teacher that bullying has occurred, the relevant teacher must keep appropriate written records which will assist his/her efforts to resolve the issues and restore, as far as is practicable, the relationships of the parties involved.
- The school in consultation with the relevant teacher/s should develop a protocol for the storage of all records retained by the relevant teacher.

# Formal Stage 2-Appendix A

The relevant teacher must use the recording template at **Appendix A** to record the bullying behaviour in the following circumstances:

- a) in cases where he/she considers that the bullying behaviour has not been adequately and appropriately addressed within 20 school days after he/she has determined that bullying behaviour occurred; and
- b) Where the school has decided as part of its anti-bullying policy that in certain circumstances bullying behaviour must be recorded and reported immediately to the Principal or Deputy Principal as applicable.

The following behaviours must be recorded and reported immediately to the principal. These are in line with the school's code of behaviour:

- 1. Constant disobedience and back-answering.
- 2. Disruptive behaviour in class
- 3. Fighting, kicking, punching, biting or dragging in school yard
- 4. Physical and/or verbal intimidation
- 5. Persistent mocking of other pupils

When the recording template is used, it must be retained by the relevant teacher in question and a copy maintained by the principal.

#### **Established intervention strategies**

- Teacher interviews with all pupils
- Negotiating agreements between pupils and following these up by monitoring progress. This can be on an informal basis or implemented through a more structured mediation process
- Working with parent(s)/guardian(s)s to support school interventions
- No Blame Approach
- The traditional disciplinary approach
- Strengthening the victim

- Mediation
- 7. The school's programme of support for working with pupils affected by bullying is as follows:
  - All in-school supports and opportunities will be provided for the pupils affected by bullying to participate in activities designed to raise their self-esteem, to develop friendships and social skills and build resilience
  - If pupils require counselling or further supports the school will endeavour to liaise with the appropriate agencies to organise same. This may be for the pupil affected by bullying or involved in the bullying behaviour.
  - Pupils should understand that there are no innocent bystanders and that all incidents of bullying behaviour must be reported to a teacher.

# 8. Supervision and Monitoring of Pupils

The Board of Management confirms that appropriate supervision and monitoring policies and practices are in place to both prevent and deal with bullying behaviour and to facilitate early intervention where possible.

#### 9. Prevention of Harassment

The Board of Management confirms that the school will, in accordance with its obligations under equality legislation, take all such steps that are reasonably practicable to prevent the sexual harassment of pupils or staff or the harassment of pupils or staff on any of the nine grounds specified i.e. gender including transgender, civil status, family status, sexual orientation, religion, age, disability, race and membership of the Traveller community.

- 10. This policy was adopted by the Board of Management on 16<sup>th</sup> June 2014.
- 11. This policy has been made available to school personnel, published on the school website and provided to the Parents' Association. A copy of this policy will be made available to the Department and the patron if requested.
- 12. This policy and its implementation will be reviewed by the Board of Management once in every school year. Written notification that the review has been completed will be made available to school personnel, published on the school website and provided to the Parents' Association. A record of the review and its outcome will be made available, if requested, to the patron and the Department.

Signed:

Date: 14/02/2022

(Chairperson of Board of Management)

Date of next review: June 2022

Date: 14/02/2022

# Appendix A - Template for recording bullying behaviour

	eing bullied and c	J	-	Class		
	ass(es) of pupil(s) e					
. Source of bullyi (tick relevant bo	ng concern/report		<b>4.</b> L	ocation of incidents (tick	relevant box(es))	
Pupil concerned	· //		Playground			
Other Pupil				Classroom		
Parent				Corridor		
Teacher				Toilets		
Other			1	School Bus		
			(	Other		
Name of name	n(s) who reported t	ha hullu	ina aana	244		
Name of person	(s) wno reported t	ne buny	ing conce	ern		
Type of Dullyin	g Behaviour (tick re	lavant h	••••(ac)) *	•		
Physical Aggres		levani o				
Damage to Prop				Cyber-bullying Intimidation		
Isolation/Exclus	•			Malicious Gossip		
Name Calling				Other (specify)		
<u> </u>				\ 1 \ \ \ \ \ \ \ \ \ \ \ \ \ \ \ \ \ \	<u> </u>	
Where behavior	ur is regarded as i	dentity-	based bu	llying, indicate the relev	vant category:	
Homophobic	Disability/SEN	Racis	st	Membership of	Other (specify)	
	related			Traveller community		
				1	1	
Brief descriptio	n of bullying beha	viour ar	nd its im	pact		
. Details of action	na takan					
Details of action	is taken					
igned		(Rele	vant Teac	her) Date		
.5		(11010	. and I cac			
ata submitted to Pri	incinal/Donuty Princi	nal				